



14 January 2013

MKR feast on the menu in 2013

My Kitchen Rules returns from January 28 with a few extra surprise guests this season

Welcoming a new judge along with blind taste testing for the first time, the biggest shock for audiences will be seeing who's crashing the My Kitchen Rules dinner parties.

One thing is certain: there are plenty of surprises in store when My Kitchen Rules launches on Monday, January 28 at 7.30pm.

Manu Feildel and Pete Evans return to host and judge the ultimate home-cooking battle as they accept dinner party invites in each state across the country.

This series we welcome new guest judge Colin Fassnidge to the table alongside returning guest judges Guy Grossi, Karen Martini and Liz Egan.

Director of Network Productions Brad Lyons says: "We're thrilled with the continuing success of such a well-executed local production.

"We're sure audiences will love the home cooks we've found this year just as much as they'll love all the new surprises we're throwing at them in the kitchen. MKR really is the best way to start off the new television year."

It's state versus state, plate against plate, as 12 teams of two attempt to out-dine and out-wine each other to see whose kitchen rules. There will be triumphs, kitchen fires, laughter, tears and plenty of opinionated guests as they battle the clock and their nerves to plate up on time.

This year's contenders are:

GROUP 1

New South Wales – Jessie and Biswa (High school friends)

South Australia – Lisa and Stefano (Newly dating)

Tasmania – Mick and Matt (Father and son)

Queensland – Jake and Elle (Brother and sister)

Western Australia – Josh and Andi (Dating hipsters)

Victoria – Kerrie and Craig (Childhood sweethearts)

GROUP 2

New South Wales – Luke and Scott (Personal trainers)

South Australia – Jenna and Joanna (Domestic goddesses)

Tasmania – Ali and Samuel (Mates)

Queensland - Dan and Steph (Married)

Western Australia – Lisa and Candice (Former beauty queens)

Victoria – Sam and Chris (Cousins)

The home-grown Seven production has built a huge following since it premiered in 2010. It has grown year-on-year and when South Australia's Leigh and Jennifer won the title in 2012, an audience of 2.89 million was watching. The third series averaged 1.8 million across its 37 episodes.

The top two teams will again battle it out in the grand final where they will present their ultimate dining menu to a full restaurant. With \$250,000 in prize money on offer, the knives will definitely be out.

Keep up to date with all the My Kitchen Rules news on the show's official website www.mykitchenrules.com.au.

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