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Australia's sporting heroes reveal all - Off The Record

With little more than a year until Rio 2016, Seven unveils its first Olympic program – Olympians: Off The Record – as 12 Olympians reveal unknown facts about their famous sporting lives.

In candid interviews with Seven's Bruce McAvaney, 12 Australian Olympians including Susie O'Neill, Matthew Mitcham and Anna Meares take us inside unique moments in their lives – but not the ones you're expecting.

There are surprises straight out of the blocks in episode one of *Olympians: Off The Record* when O'Neill talks openly about the race that defined her career and the one that got away in Sydney, the void she struggled to fill once she hung up her togs, postnatal depression and where exactly she keeps her horde of medals today.

Bruce McAvaney said: "I thought I knew Susie O'Neill really well, but I learnt a lot more about her in that interview. She opened up on a lot of things and it wasn't just Susie the swimmer, it was Susie the person. That's always great, even if it was so surprising."

These Olympians reveal what happens when there are no personal bests left to chase and what, if anything, replaces the euphoria of elite sport. They'll share the highs and lows, the glory and heartbreak, not just of sport but life itself, in a powerful half hour that goes far beyond the Games.

Olympians: Off The Record premieres Monday at 6:45pm on 7TWO, straight after the live FINA World Swimming Championships.

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