

SEVEN YEAR SWiTCH

PREPARE TO BE SHOCKED!

Coming soon to > 

SEVEN YEAR SWITCH

The show that shocked Australia in 2016 returns in a brand new season.

Channel Seven's most controversial series, Seven Year Switch, promises to shock when four new couples on the brink of separation participate in an experimental marriage with a total stranger in order to save their relationship.

This innovative experiment, called "Switch Therapy", is radical, totally unpredictable and life-changing.

Viewers will learn about each of the couples – how they met, how they fell in love, how their relationship took a turn for the worst and why they are willing to risk everything to mend it.

The brave couples at a crossroads in their relationship will live with a like-minded new partner in an experimental marriage, to help them recognise how their own behaviour is impacting their relationship – and decide if they would be better off with someone else.

Relationship experts, Jo Lamble and Peter Charleston, will guide the couples through the therapy process as they adjust to living with an experimental partner.

Will their experimental spouses be able to fill the void they've been

yearning for, or will they discover the grass isn't always greener?

At the end of the daring social experiment, each of the couples will reunite and make the decision to either part ways, or reaffirm their commitment for life.

Over 1 in 4 Australians (6.5 million) watched Seven Year Switch in 2016 with the hit series No. 1 in its timeslot every week.

STACEY LOUISE & SARGE

The Loner & the Controller

Their love and their business are at stake.

Stacey Louise met Sarge when she signed up to do a military style boot camp course that he was instructing. Right from the first introduction, he ordered her around like a militant boss.

Both Personal Trainers quickly decided to combine their skills and start a business together. They currently live together, work together and train together... but that's it.

Stacey Louise and Sarge's relationship started like a great love story. They communicated well, had a lot of fun and were motivated to take over the fitness world. However cracks quickly appeared and they now realise they are fundamentally different people.

"I feel controlled", says Stacey Louise. "Our fighting has become more intense and I feel that it's going to get to breaking point", says Sarge.



KAITLYN & MARK

The Needy & the Reserved

Will he propose or let her go?

Student, Kaitlyn and IT Manager, Mark met through friends. Mark fell in love with Kaitlyn's "dreamy" American accent, energy and drive. Kaitlyn was drawn to Mark's calming and lovable manner.

They lived separately for the first 18 months of their relationship but still spent most nights together. Mark was keen to trial living with Kaitlyn before she officially moved in. They have

been cohabiting for one year now, though their home still resembles a 'man cave', with little proof that Kaitlyn also lives there.

Kaitlyn is impulsive, which is starkly at odds with Mark's analytical and reserved personality. Mark is a clean freak and Kaitlyn is the total opposite – the cause of much tension in their household. Kaitlyn wants to get married and start a family but Mark has reservations.



JOHNNY & TRACEY

The Family Man & the Wild at Heart

Giving their relationship one last chance.

Johnny and Tracey met while backpacking in London 11 years ago. They quickly fell in love and started a family.

They disconnected following Johnny's decision to work Fly-In-Fly-Out. Johnny worried about financially providing for his family but Tracey would have preferred he worked locally and just enjoy what they had. "Life's not about money, money, money", she claims.

Their relationship hit rock bottom and they separated for 12 months, during which time Tracey enjoyed her independence and freedom. They've recently decided to give their relationship one last chance and have moved back in together to see if they can break old habits and make it work.

Tracey tells Johnny: "I'd give you all my heart and do absolutely anything for you if you treated me right", something Johnny thinks is near impossible to achieve.



FELICITY & MICHAEL

The Parent & the Temperamental Child

A young couple at crisis point.

Engaged couple, Felicity and Michael met through friends five years ago. Three months after meeting they were unexpectedly pregnant. Three months after their first baby was born Felicity fell pregnant again!

Felicity was pregnant for the better part of the first three years of their relationship and their children have been a big focus ever since.

Felicity and Michael currently sleep in separate rooms and fight every other day. The stress of being new parents and trying to start new businesses together has sent their relationship into a downwards spiral.

Michael feels Felicity can be condescending and treats him “like an idiot.” Felicity is at breaking point. She says: “I love Michael, but if things don’t change, I’m done.”



JO LAMBLE

Therapist

Jo Lamble is a Clinical Psychologist who has been practicing for over 25 years. She works in a private practice treating couples and individuals with a wide range of problems, from relationships to motherhood and a whole gamut of psychological problems.

An author of several books, Jo's latest book is titled: Detox your Relationship. She has also written Answers to Everyday Questions about Relationships and together with Sue Morris, Jo has published four self-help books: Motherhood: Making it work for you; Side by Side: How to think differently about your relationship;

Online and Personal; The reality of Internet relationships; and The Partner Test: How well are the two of you suited?

Jo has had regular appearances on a number of Channel Seven programs including Sunrise, Weekend Sunrise and The Morning Show. Jo also gives corporate seminars and speeches on relationships, family and parenting issues. She is regularly heard being interviewed on radio across the country each week.

Happily married for 26 years, Jo is a mother of two.



PETER CHARLESTON

Therapist

At age 15 during a compulsory visit to his school careers counsellor Peter was told his personality was suited to being a Psychologist. "She said I had compassion for others, by way I took care of the weaker kids in the classroom and on the playground. At the time I laughed and dismissed the advice, yet it planted a seed that has been growing ever since."

Peter has now been a full-time practicing Psychologist for twenty five years. Peter integrates counselling and coaching techniques and covers a wide variety of presenting issues for individuals, couples and teams.

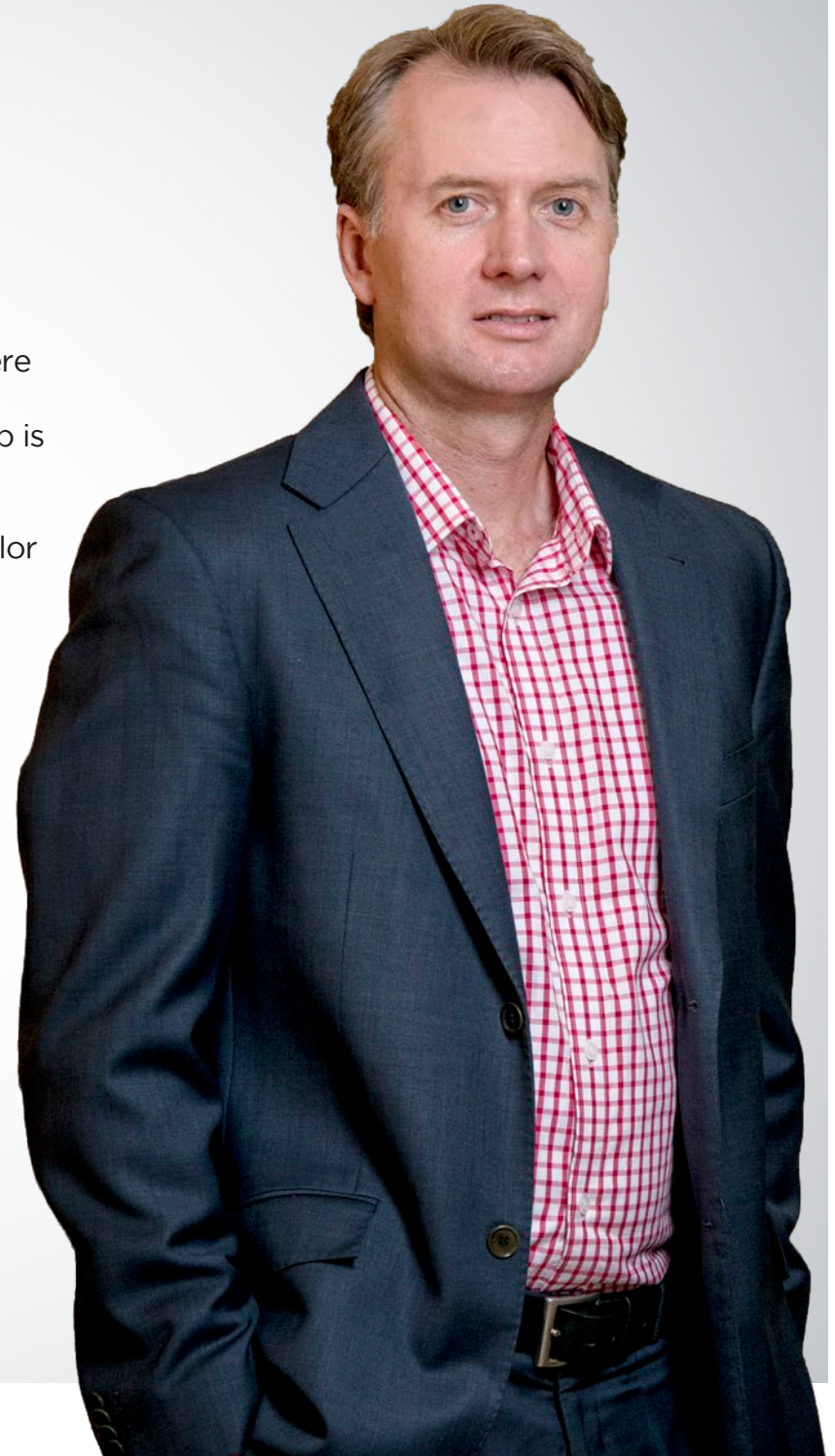
Psychology is Peter's passion. "I am fascinated by how our mind affects decision making and behaviour, and by improving how the mind functions you improve your performance, your relationships and your happiness."

Peter constantly strives to achieve positive results for his clients.

"Psychology is a complex field so there is always more to learn and put into practice in helping others, and this job is a very rewarding one."

Peter's qualifications include a Bachelor of Arts (University of Melbourne), a Graduate Diploma of Counselling Psychology (RMIT), a Graduate Diploma of Business Administration (Swinburne), and a Graduate Diploma in Couple and Relationship Psychotherapy (Cairnmillar Institute).

Peter is soon to publish 'Building Better Relationships', based on his own theory of emotional needs. Peter also runs an online personal development course based on positive psychology. Peter is married and has a five year old daughter.



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