THE AMAZING COLL AUSTRALIA V NEWZEALAND

The Amazing Race

Australia V New Zealand

For the first time in The Amazing Race history two countries will be pitted against each other in THE AMAZING RACE AUSTRALIA V NEW ZEALAND.

The Trans-Tasman rivalry will get a new playing field when ten teams of two – five from Australia and five from New Zealand – race through ten countries, six continents and almost 90,000kms in the true adventure of a lifetime.

THE AMAZING RACE AUSTRALIA V NEW ZEALAND is a tough physical, psychological and geographical pressure cooker where teams of two follow clues in a race around the world. This latest series takes it to another realm with teams also carrying their nations' pride on their shoulders.

At the end of each leg of the Race, the last team to finish faces the prospect of elimination. The winner of the series is the first team to finish the final leg and collect the grand prize of \$250,000.

What tactics will play out in the Race? Will teams bond under their national flag, or will ambition and personal pride triumph over patriotism?

Historically, Australia and New Zealand have united in times of crisis and battled as fierce competitors in the world of sport. THE AMAZING RACE AUSTRALIA V NEW ZEALAND will be a race within a race, but it's still a contest only one team can win. Will the winning team be from Australia or New Zealand?

The Amazing Race Australia was awarded an International Emmy in 2012 for Best Non-Scripted Entertainment Program.



Grant Bowler HOST

Grant Bowler returns to host The Amazing Race Australia v New Zealand previously hosting Season One of The Amazing Race Australia

a highlight for me, personally," says Grant. "Despite the incredible pace, multiple time zones, jetlag and other logistical challenges that In 2012 Grant added an International Emmy win to ensue when navigating the globe on a relentless schedule, the cast and crew make it an adventure like no other. This season is no exception.

"The Trans-Tasman rivalry has intensified this year's competition and the vibrant mix of teams has made for a thrilling ride. I have New Zealand family and Australian family, so I'll gladly consider myself 'Switzerland' and stand on neutral ground in The Amazing Race Australia V New Zealand."

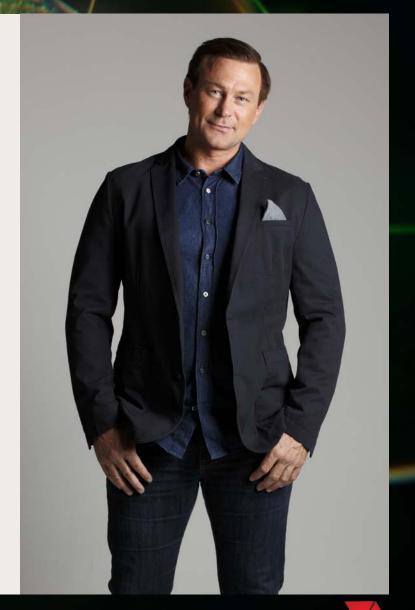
Born in New Zealand and raised in Australia, the NIDA graduate has starred in US series Ugly Betty, True Blood, Lost and Good Christian Bitches.

Currently on a break from filming the US TV series Defiance, in which he plays lead character, 'Nolan', Grant has recently filmed three movies - Swelter, alongside Jean Claude Van Damme and Alfred Molina; Lucky Dog with Amy Smart; and family movie Zooey to the Max.

In Australia, Grant has also carried many successful TV roles. He was an original cast member in Blue Heelers, alongside William McInnes and Lisa McCune. He has also had roles in Pacific Drive, All Saints, Something In The Air, Through My Eyes and in 2011 and Season Two in 2012. The Great Mint Swindle. He's been seen in the widely viewed NZ crime drama Outrageous Fortune, "Hosting The Amazing Race Australia is always where he was nominated for Best Supporting Actor at the 2010 Qantas Film and Television Awards.

> his list of career accomplishments as host of The Amazing Race Australia.

> Grant currently resides in Venice Beach, Los Angeles.



Ash and Jarrod NEWLYWEDS - AUSTRALIA

These newlyweds love to compete in a challenge; will this one be for better or worse?

(27) and Jarrod (28), recently is a man's man. Both enjoy holidaying on the Gold Coast and with their Jarrod is known by his mates to be one blonde hair are often mistaken for locals. Their overseas travel is limited to short stints in Europe and the USA.

"We've only been to developed and English-speaking countries so we're expecting to encounter some culture shocks. I'm not good with the language barrier at the best of times," says Jarrod. Ashleigh adds: "I can stomach most things, but Jarrod will struggle. He likes his meat and three veg."

The high school sweethearts describe themselves as honest, upfront and competitive. They both go to the gym to keep fit and have entered triathlons and Tough Mudder, but agree The Amazing Race will be their ultimate competition. "We do a lot of competitive things and always strive for the next biggest challenge, but there's not much bigger than this," sums up Jarrod.

Newlyweds from Victoria, Ashleigh Ashleigh says they're confident their relationship will withstand the pressures celebrated their one year wedding of the Race. "We know each other well and **anniversary. They're traditional in their** can make decisions guickly and together. views and values - Ashleigh enjoys We're not overly sensitive people. fulfilling her wifely duties and Jarrod We're fit and head-strong," she says.

> of the most patriotic Australians. On competing with the Kiwis, Jarrod admits: "We'd hate to lose to the New Zealanders!"

Relationship Married

Occupation

Ash: Hairdresser Jarrod: P.E. Teacher

Priority pack

Ash: Hair straightener Jarrod: Ear plugs

Bag weight

Ash: 10kgs Jarrod: 9kgs

Favourite overseas trip

Ash: New York Jarrod: Las Vegas

Favourite adjective Jarrod: Bloody

Dream destination

Ash: Europe Jarrod: Las Vegas

Nicknamed by other teams

Mr & Mrs Australia Home and Away



Inga and Tiharna PAGEANT MODELS - AUSTRALIA

These friends have conquered the catwalk with their beauty, do they have what it takes to be crowned winners in this competition?

Perth beauties, Inga (27) and Tiharna (26), met four years ago at a 'Blondes v Brunettes' modeling competition and instantly became friends. The pageant models claim to be the full package. "We're the three B's: brainy, busty, brunettes," they say unanimously.

Inga is a CPA Accountant and is also trilingual while Tiharna works as a Personal Assistant to five stockbrokers. They're strategic, calculated and their only goal is to win. "We want to win; we're not in it for the experience," says Inga. Tiharna adds, "I don't do anything half-arsed in my life and I don't like being a loser."

In preparation for the Race, both girls spent a lot of time training at the gym to reach their optimum fitness. They've focused on building their strength in particular. Inga says, "I've also started looking at maps and flags a little more and researching countries at random just to build up my knowledge."

The girls aren't worried about teams underestimating them. "I know exactly how they're going to perceive us, like we're just these dumb, weak idiots who don't know anything. Little do they know we've travelled, we're intellectual, we speak languages and we're street-smart." And on strategies they say: "Keep your friends close and your enemies closer."

Relationship Friends

Occupation

Inga: CPA accountant **Tiharna:** Personal

Assistant

Priority Pack

Inga: Three Carmex Lip

Balms

Tiharna: Eyebrow Kit

Bag Weight

Inga: 9.8Kgs **Tiharna:** 7Kgs

Nicknamed By Other Teams

The Models
The Babes/Bitches
The Lorna Janes

Places they've previously lived

Inga: Bosnia and Italy

Tiharna: Mackay and Brisbane



Sally and Tyson BODY BUILDERS - AUSTRALIA

This loved-up couple are much softer than they look. Are they tough enough to put their friendly nature aside in favour of a win?

Sally (33) was born in Tokyo and Tyson (38) grew up on a farm in regional WA. It was love at first sight when Tyson met Sally at a Perth bar four years ago. The visually arresting couple now Their biggest weakness is going to be live together in Perth with their two whippets, Nitris and Rokit, and are absolutely besotted with each other. "Sally's beautiful on the inside and out," says Tyson. Sally says: "Tyson is the most incredible person I've ever met."

Sally is a Locum Veterinarian and Tyson is a personal trainer. The duo bonded over their love of fitness. Tyson started training Sally to compete in Bikini and Fitness modelling in 2012 and she won the IFBB Bikini World Cup in Austria last year. Tyson has competed as a Physique and Fitness model for four years and has a collection of titles, notably he won the IFBB O'Mara Classic Men's Physique in 2011 and ANB Supernatural Mania Fitness Model in 2012.

Their relationship is built on mutual respect. "Both our strengths are very different, so when it comes to challenges we're going to be very versatile. Sally will take charge on certain ones and I'll take charge on others. We work very well together. We train togetherandwemanagetofindaverygood balance with our relationship," says Tyson.

their friendly nature. "We may be too nice at times," admits Tyson. Sally agrees, "I can see Tyson helping other teams too much – we'll need to get a move on and he'll still be carrying bags for them!"

Both Sally and Tyson are qualified Personal Trainers, though despite their fitness-focused lifestyle, Sally says, "we're not in-your-face competitive. We're more competitive in terms of challenging ourselves and wanting to do our best." When guestioned on flying the Australian flag, Tyson says, "anything where you can represent your country is pretty special."

Relationship Dating

Occupation

Sally: Veterinarian **Tyson:** Personal Trainer

Priority Pack

Sally: Happy snaps of us, as a reminder

Tyson: 1 Kg Sweet Potato And Packets Of Tuna

Have Previously Travelled Together

Usa, Carribean, Bali, Thailand, Japan, France, Austria, Ukraine

Bag Weight

Sally: 11 Kgs Tyson: 14 Kgs

Nicknamed By Other Teams

Big T And Sal Earthquake And Sal **Buzz Lightyear** Conan The Barbarian And His Girlfriend

Sally's nickname for Tyson



Daniel and Ryan INTENSIVE CARE NURSES - AUSTRALIA

These charming nurses are used to performing under pressure, how will they operate together around the globe?

Daniel (28) and Ryan (32) met while Daniel's volunteered in India and Ghana. working in the Intensive Care Unit of We've got variety between us," says Ryan. a trauma hospital in NSW six years ago and quickly struck up a friendship.

professional skill set as their biggest where our level of communication and professional," says Ryan. Daniel adds: "You've got to have a sense of In their spare time, Ryan enjoys humour when you're a nurse. We're used to working with a whole range of different people and being sensitive to emotional and tense situations."

planning and is used to micromanaging patients in critical conditions. He admits he's going to be out of his comfort zone on the Race. Daniel prefers to go with the flow and hopes his spontaneous and easygoing nature will set the right tone when facing the unknown and unexpected.

Both love travelling. "The interesting thing is we've been to different places, I've done Europe; Daniel's done the Middle East. I've lived in West Africa and done South East Asia:

Do they have any downfalls? "My hair is a massive weakness!" laughs Ryan, who The personable pair claim their packed his hairdryer to maintain his hairdo on the Race. He recently celebrated strength. "We work in tense situations his ten year wedding anniversary with his wife, Fiona. They have three and efficiency remains good, clear kids under the age of three together.

> DIY projects around his home and Daniel loves music. "It's rare to see him without his guitar," says Ryan.

As a team, they're completely positive Ryan is a perfectionist when it comes to and enthusiastic about the Race. "We're here to have a great time," says Daniel. Ryan adds: "We genuinely feel we've already won in the sense we're on a crazy adventure flying around the world, oncein-a-lifetime, bucket list sort of thing!"

Relationship Friends

Occupation

Daniel: Intensive care nurse **Ryan:** Intensive care nurse

Priority pack

Daniel: Engraved bronze signet ring and merino undies

Ryan: Hairdryer

Bag weight

Daniel: 11 kgs **Ryan:** 11.5Kgs

Team trademark Double fist pump

Prefered pace on foot Fast run

Nicknamed by other teams

The artists Team Jesus **Brothers INXS** Byron Bay boys



Elizabeth and Todd

MOTHER / SON - AUSTRALIA

Elizabeth and Todd have the brains, but will they need more brawn to receive honours in this competition?

mother/son team to compete in the Australian production of The Amazing whether we have an argument between

Todd has an Economics degree and a Law degree and is the National Marketing Manager for True Grit, a military style obstacle challenge. Elizabeth is an Academic; she has a doctorate in Indigenous Studies and Architecture, which she teaches and researches.

Like many teams they share a love of travel. Todd spent a year studying at Berkeley University in California and has also lived in South Africa on a cricket contract for a year. He's travelled extensively, as has his mum, albeit "I'm not exactly used to carrying my luggage," she quips. "We're looking forward to seeing places we've never seen before," Elizabeth says. "With someone you wouldn't normally spend an income to see it with!" Todd adds.

Elizabeth (50) and Todd (25) are the first If they have an advantage it's that they know each other better than anybody else. Although Todd points out "I haven't **Race. Todd came up with the idea to** spent this much time with my mum since apply. although Elizabeth is still unsure I was little." Elizabeth notes "it's really of their pairing. "There's a bet on to see an amazing opportunity to do that."

home and the airport," she jokes. They claim to share a competitive spirit, but neither is confident about their prospects on the Race. "We're both quite determined and we're both quite competitive, though we don't necessarily have the skill set and the athletic ability for this particular show," observes Elizabeth. Todd agrees: "We're severe underdogs in this whole set-up and we're just looking forward to having a good time."

> Elizabeth likens their chances of winning to Steven Bradbury's infamous Olympic win. "I see the other teams as Russia and Poland in Ice Skating. There's a potential they'll fall down!"

Relationship Mother / Son

Occupation

Elizabeth: Academic **Todd:** National marketing manager

Priority pack

Elizabeth: Noise cancelling headphones

Todd: A watch (which he forgot to pack)

Bag weight

Elizabeth: 11.5Kg (Carried by Todd)

Todd: 7kg

(Carried by Elizabeth)

Favourite overseas trip

Elizabeth: Manhattan, New Zealand, Morocco, Paris, Spain, Germany in winter, PNG

Todd: Capetown

Nicknamed by other teams

Mum-Son Space invaders



Cat and Jesse FOSTER PARENTS - NEW ZEALAND

This nurturing couple is used to caring for others. Will they be able to put themselves first and bring home a win for their children?

children and by occasionally we mean most of the time," says Cat.

They met 21 years ago and Jesse says he knew he was going to marry her the first time he met her. "Cat is funny, smart, kind and embracing. And obviously she's smoking hot!" he admires. Their family reside in Hamilton. Jesse acknowledges they're not 'team

to their children that anything is possible. "I would most look forward to crossing because of what it would mean for our kids. It would afford us opportunities we motivation is our kids," says Cat.

Cat (38) and Jesse's (36) lives revolve This is not Jesse's first time on the around their ever-changing family. small screen. He came fourth in NZ "We have three children, Michael (13), Idol in 2005 after withdrawing from Carmel (10) and Joel (8); and Freckles the 2003 competition to be at the the cat who is more like a miniature birth of their daughter, Carmel. He still lion; and we occasionally have foster writes and performs music, under the names 'DarkroomJesse', 'The Darkroom Project' and 'Jesse & The O'Briens'.

> They've been overseas a handful of times, though Cat hasn't travelled in the past ten years due to the demands of raising young children.

brains' or 'team bikini', but believes they The couple applied for the Race to prove have as much chance of winning as any other team. "It's not just about being fast or fit or strong. There are many things in that finish line and winning that money our lives that we've done purely through being ourselves, and nothing else. We count on that," he says. Cat adds: "If you wouldn't otherwise have. The underlying can foster kids, you can do anything!" Relationship Married

Occupation Cat: Stay at home mum Jesse: Youth worker and musician

Priority pack Cat: Photos of the kids Jesse: Nike trainers (that don't give him blisters)

Bag weight Cat: 7.5kg Jesse: 9kg

Prefered pace on foot Yog (between a walk and a jog)

Motto Live Life Loud

Favourite overseas trip Cat: Singapore **Jesse:** Singapore

Nicknamed by other teams Bikies / Mr calves and wife / Rockers



Emily and Jono SIBLINGS - NEW ZEALAND

These siblings are incredibly close and super sweet. Will their positive outlook survive the race?

"We're smart, we're intelligent, we can work and common sense. I think other teams will underestimate us in a big way and that's going to be their downfall, not ours."

Emily was home alone when the 2011 Christchurch Earthquakes hit. "Emily home after the Earthquakes destroyed it - she did it all. Emily, the youngest child, grew up really fast," says Jono. They're quick to state they're grateful they

and recently opened NZ Fashion Week to public acclaim. She has modelled for Karen Walker and Trelise Cooper. Jono is a Creative Services Manager at a top Wellington advertising firm.

Emily (24) and Jono (26) grew up in Do they have any fears for the race? "I like a tightknit family in Christchurch, to think we've got an unbeatable bond, the youngest two of four children. though I'm terrified we're going to fight. We never fight, not in our whole life," says According to Jono, he and Emily are the Emily. Jono adds: "The most important ultimate all-rounders and will be the thing to me isn't winning; the most smiling assassins in this competition. important thing to me is our relationship."

things out, we've got strategies and ideas The siblings last travelled together through Europe. "We were the ultimate team in Europe," says Emily, "however that was five years ago."

"Emily 'mums' me all the time now," Jono laughs, "I'm like 'why are you annoying bore the brunt of dealing with our family me, you never used to annoy me!"

His younger sister in particular will bring a whole lot of fun and positivity to the race, "I like to think I'm really laid only lost material items in the disaster. back and positive," Emily says. "I love life in every aspect. I'm really happy When she's not studying Radiography, and I love, love, LOVE everyone! I love Emily works as a model, cheerleader my family, I love my partner, I love and dancer. She still lives in Christchurch my dog and my life is just full of love!"

Relationship Siblings

Occupation

Emily: Radiography student

Jono: Advertising

Priority pack

Emily: No undie line undies

and supportive bra

Jono: Antiperspirant and

Electrolytes

Bag weight Emily: 8 kgs

Jono: 7 kgs

Favourite Overseas Trip

Emily: Croatia Jono: Italy

Dream destination

Emily: Africa Jono: Africa

Secret remedy for intense situations

Sing and dance

Nicknamed by other teams

Glee / Hot siblings / Hot blonde couple



Carla and Hereni

FITNESS MUMS - NEW ZEALAND

These fit and feisty mums are taking time out to embark on the adventure of a lifetime; will they find the opposition child's play?

Carla (37) has been with her husband Hereni says, "I want to challenge

Their team motto is 'Kia Kaha', which is a Maori phrase meaning 'be strong'. They're incredibly proud of their heritage and will be flying the flag for everyone back home. "We hope to empower Maori women; we want them to be proud of us," says Hereni.

meeting five years ago when Hereni started Zumba classes at Carla's dance school, after the birth of her third These strong mums claim '40 is the new Zumba cruise around the Pacific Islands.

Both have travelled the world, though Hereni says "we haven't travelled extensively in the last ten years, but they're skills you don't forget." Their secret weapon? "We have female intuition and that can go a long way," says Carla.

for 19 years and they have two myself. I've been a mum for 11 years. children under the age of 12. Hereni I want to unearth some of my skills (43) has been with her husband that I haven't had to use. For me, it's for 18 years and they have three going to be empowering. It's like a children under the age of ten. game and every day until it starts I'm strapping on another piece of armour."

Carla is humbled to have been chosen for the show. "We get to experience the adventure of a lifetime which so few people in the world get. Other teams will think we're nice mums with big smiles, but I'm very competitive. The pair quickly became friends after It would give me great satisfaction to beat someone half my age!" she says.

child. They socialise together a lot 20' and they have advice for the other and recently took their families on a competitors: "Watch out for the mothers!" Relationship Friends

Occupation Carla: Business owner **Hereni:** Stay at home mum

Priority pack Carla: Taonga (treasured maori bone carving) **Hereni:** compression socks

Bag weight Carla: 6 kgs (lightest pack) Hereni: 8.9 Kgs

Dream destination Carla: Maldives and Africa **Hereni:** South of France

Nicknamed by other teams Maori models The milfs



Aston and Christie

FEISTY FRIENDS - NEW ZEALAND

These bold and bubbly friends have reunited to take on the world. Will their high energy levels help or hinder their chances in this race?

son, Seth. She says she is a "mystery school initiate" and spends a lot of When asked how they're going to win time in meditation. Christie does the race, Christie says: "we're going a whole range of things, including to kick arse and chew bubble gum!" writing, comedy and life modelling, and considers herself an entrepreneur.

They have a great friendship, though it's been years since the girls have spent so much time together and it may take some adjusting. "We are two big personalities with quite different perspectives on the world - we could quite easily clash and we're going to try our very hardest not to," Aston says. Christie adds: "it's going to be managing that more than it is being able to avoid it entirely."

Aston (32) and Christie (35) met while Both have psychology degrees and living in New York in 2006. Both performing arts qualifications - and are huge fans of The Amazing Race. lay claim to a constant intellectual curiosity. Aston says, "I'm addicted Aston, who is currently researching to thinking", and Christie agrees, "if parapsychology and consciousness, something interests me, I can't bear is a single mum to her three-year-old not to know everything about it."

Relationship Friends

Occupation **Aston:** Postgraduate Psychology Student **Christie:** Entrepeneur

Priority pack Aston: Crystals Christie: Camelbak

Bag weight Aston: 12.6 Kgs Christie: 9.8 Kgs

Favourite overseas trip Aston: Spain

Christie: New York

Dream destination Aston: Egypt **Christie:** Thailand

Nicknamed by other teams Crazy hair girls Redheads The gingers



John and Murray **BEST MATES - NEW ZEALAND**

These fun-loving athletes are no strangers to winning; how will they

play this competition?

The retired professional footballers have spent most of their careers living nab a victory in the process. "We believe we've got enough skills, fitness and ability Game face aside, Murray says, "I'm

Murray currently works in the civil infrastructure rebuild of Christchurch - or as John puts it, "he's doing God's work in this world". John manages professional athletes - or as Murray puts it, "he's the black Jerry Maguire".

By their own admission they're different characters, and they don't compete with each other. "We don't like the same kind of girls, we don't dress the same - our differences are our strength," John says.

John (35) and Murray (35) - or Raspberry John, who is Murray's best-mate, was and Coke, as they call themselves - met born in West Africa and moved to in their final year of boarding school, Wellington with his mum and sister while John was on a soccer scholarship when he was nine. Murray, who is and Murray on a rugby scholarship. John's 'second-best-mate', grew up on a farm in Nelson until he was 15.

shared a stint in Hong Kong together, but The two have made a living from being fierce competitors on the sporting field, and working in separate cities around the although it remains to be seen just how world. They're relishing this opportunity seriously the fun-loving larrikins will to focus on their friendship and hopefully engage in competition on the Race.

to win this, so we have to focus on that. This sure we'll make some friends, I've is our team and our journey," says John. been making friends since 1978."

Relationship Friends

Occupation John: Athlete mentor Murray: Sales account manager

Priority pack John: Coconut oil and rave whistle

Murray: Photo of dad and rave whistle

Bag weight John: 6.6 Kgs Murray: 5.8 Kgs

Dream destination Ibiza

Biggest weakness Girls - Murray falls in love a lot

Codeword to get back on track **Apples**

Nicknamed by other teams Boof heads Big cats



Race Glossary

ROUTE INFO - Clues which instruct the teams where to go next. These clues usually provide only the name of a team's next destination. It is up to the teams to figure out how to get there. At times Route Info clues may ask teams to perform a task.

PIT STOP – The final destination for each leg on the race. After checking in at the mat, all non-eliminated teams have a mandatory rest period.

NON-ELIMINATION LEG – Certain legs on the race are predetermined "non-elimination legs", where the last team to check-in is not eliminated. However, the last placed team needs to perform an extra task called a "Speed Bump" on the next leg of the Race.

SPEED BUMP - An additional task assigned as a penalty for the team that checks in last during a non-elimination leg.

DETOUR – Contestants much choose between two tasks, each with its own pros and cons. Teams are free to choose either task or swap tasks if they find one option too difficult.

ROADBLOCK – A task that only one team member may perform. The clue is given as a cryptic question. Based on this information the team must decide who will complete the task before reading the rest of the task description. Once a team member has been selected, they cannot switch.

FAST FORWARD – A challenging task that once completed allows one team to bypass all remaining tasks in that leg and proceed directly to the Pit Stop. Only one team may complete a Fast Forward in any given leg, and a team may only complete one Fast Forward in the entire race.

U-TURN – A station, located after a Detour, where a team can force another trailing team to return and complete the other side of the Detour that they did not complete. Teams may only U-turn any other team once in the race.

EXPRESS PASS - Allows a team to skip one task, including Roadblocks and Detours, during the race. The choice of which task to skip is at the team's discretion.

SALVAGE PASS – The team first to the Pit Stop in a designated leg is given the option of a time advantage at the start of the following leg, or saving the last placed team from elimination.



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