

Sunday, 22 February 2026

Seven reaches 11.23 million. Home and Away, Sunrise on top

- National total TV audience share, 6.00am to midnight: 33.7%
- National total TV audience share, 6.00pm to midnight: 31.1%
- #1 news, #1 drama, #1 lifestyle show, #1 at breakfast
- #1 program: 7NEWS Monday, reached 2.16 million
- #1 entertainment show: Australian Idol Sunday, reached 1.95 million
- #1 lifestyle program: Better Homes and Gardens, reached 1.31 million
- Sunrise: #1 breakfast program all week

WEEK 8, 2026 HIGHLIGHTS:

Seven Network reaches 11.23 million Australians nationally.

[7plus](#): 31.7% commercial share.

#1 news: **7NEWS**.

#1 drama: **Home and Away**.

#1 lifestyle program: **Better Homes and Gardens**.

Sunrise and **Weekend Sunrise** dominate breakfast TV, #1 every single day of the week.

#1 news program in total TV audience: **7NEWS**, Monday to Friday.

#1 drama in total TV audience: **Home and Away**.

NATIONAL TOTAL TV COMMERCIAL SHARES (%):

6.00am to midnight

Network	All people	25 to 54s	Grocery shoppers
Seven Network	33.7	27.7	34.1
Nine Network	52.5	58.9	52.4
Network Ten	13.8	13.4	13.5

NATIONAL TOTAL TV COMMERCIAL SHARES (%):

6.00pm to midnight

Network	All people	25 to 54s	Grocery shoppers
Seven Network	31.1	23.9	31.5
Nine Network	54.8	62.2	54.5
Network Ten	14.1	13.9	14.0

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SEVEN'S TOP 30:

- 1. 7NEWS Monday:** #1 news program in total TV. National reach 2.16 million, national audience 1.4 million.
- 2. 7NEWS Tuesday:** #1 news program in total TV. National reach 2.06 million, national audience 1.33 million.
- 3. 7NEWS Sunday:** National reach 2.01 million, national audience 1.25 million.
- 4. 7NEWS Thursday:** #1 program in total TV. National reach 1.95 million, national audience 1.26 million.
- 5. 7NEWS Wednesday:** National reach 1.95 million, national audience 1.24 million.
- 6. Australian Idol Sunday:** National reach 1.95 million, national audience 886,000. Up 5% year-on-year and 91% on 7plus.
- 7. 7NEWS Friday:** #1 news program in total TV. National reach 1.69 million, national audience 1.09 million.
- 8. Australian Idol Monday:** National reach 1.55 million, national audience 766,000. Streaming up 106% year-on-year.
- 9. 7NEWS Saturday:** National reach 1.53 million, national audience 958,000.
- 10. Home and Away Monday:** #1 drama. National reach 1.33 million, national audience 908,000. Up on previous week.
- 11. Home and Away Wednesday:** #1 drama. National reach 1.32 million, national audience 898,000.
- 12. Better Homes and Gardens:** #1 entertainment program, #1 lifestyle program. National reach 1.31 million, national audience 531,000.
- 13. The Chase Australia Monday:** National reach 1.29 million, national audience 610,000.
- 14. Home and Away Tuesday:** #1 drama. National reach 1.28 million, national audience 901,000.
- 15. The Chase Australia Tuesday:** National reach 1.21 million, national audience 585,000.
- 16. Home and Away Thursday:** #1 drama. National reach 1.17 million, national audience 868,000.

17. **The Chase Australia** Thursday: National reach 1.17 million, national audience 556,000.
18. **LIV Golf Adelaide: Day Four**: National reach 1.17 million, national audience 285,000.
19. **Supercars Championship Sydney 500 Race**: National reach 1.15 million, national audience 263,000.
20. **The 1% Club UK**: National reach 1.12 million, national audience 615,000.
21. **The Chase Australia** Wednesday: National reach 1.12 million, national audience 534,000.
22. **The Chase Australia** Friday: National reach 1.11 million, national audience 541,000.
23. **The Chase Australia – Cricket Special**: National reach 1.03 million, national audience 491,000.
24. **Under the Tuscan Sun (R)**: National reach 1.02 million, national audience 265,000.
25. **Sunrise** Monday: #1 breakfast program. National reach 981,000, national audience 409,000. 23% more viewers than *Today*.
26. **Sunrise** Friday: #1 breakfast program. National reach 960,000, national audience 411,000. 25% more viewers than *Today*.
27. **Weekend Sunrise** Sunday: #1 breakfast program. National reach 936,000, national audience 400,000. 35% more viewers than *Today*.
28. **Home and Away** Thursday Episode 2: National reach 932,000, national audience 780,000.
29. **Sunrise** Tuesday: #1 breakfast program. National reach 932,000, national audience 423,000. 29% more viewers than *Today*.
30. **Sunrise** Wednesday: #1 breakfast program. National reach 932,000, national audience 419,000. 31% more viewers than *Today*.

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About the Seven Network

The Seven Network is part of Southern Cross Media Group (ASX: SXL), one of Australia's most prominent media companies, with a market-leading presence across broadcast television, audio, publishing and digital. The Seven Network alone reaches more than 17.5 million people a month.

Southern Cross Media Group owns some of Australia's most renowned media businesses and platforms, including the Seven Network and its channels 7two, 7mate, 7flix and 7Bravo; [7plus](http://7plus.com.au); 7NEWS.com.au; [LiSTNR](http://LiSTNR.com.au); the Hit and Triple M radio networks; [The Nightly](http://TheNightly.com.au); [The West Australian](http://TheWestAustralian.com.au); [The Sunday Times](http://TheSundayTimes.com.au); and [PerthNow](http://PerthNow.com.au).

Media Release



Seven is home to Australia's most loved news, sport and entertainment programming, including **7NEWS**, **7NEWS Spotlight**, **Sunrise**, **The Morning Show**, **The Voice**, **Home and Away**, **Australian Idol**, **My Kitchen Rules**, **Farmer Wants A Wife**, **The Chase Australia**, **Better Homes and Gardens**, **The 1% Club**, **The Front Bar** and the **TV WEEK Logie Awards**.

The Seven Network is also the broadcast partner of the AFL, Cricket Australia, Supercars, the **2026 Rugby League World Cup** and the **Glasgow 2026 Commonwealth Games**.