

Tuesday, 3 March 2026

Seven and UN Women Australia unite to demand justice for women and girls

Six years of partnership. One shared mission. This International Women’s Day (IWD), Seven Network and UN Women Australia are calling on Australians to help “Balance the Scales” – the theme of IWD 2026 and a rallying cry for equal justice for all women and girls.

This year marks the sixth consecutive year Seven has worked with UN Women Australia as the official Australian broadcast partner for IWD. To mark the day, Seven presenters are hosting IWD events around the country, including Karina Carvalho in Melbourne, Angela Tsun in Perth and Katrina Blowers in Brisbane.

Despite generations of progress, justice remains out of reach for too many women. One in three women worldwide will experience physical or sexual violence in their lifetime, but most will never seek formal help or see a legal outcome. In Australia, conviction rates for sexual assault cases remain low. “Balance the Scales” is a call to change that by transforming legal systems, dismantling discriminatory barriers, and making equal justice a reality rather than an aspiration.

The theme aligns with the 70th session of the Commission on the Status of Women, which this year focuses on ensuring and strengthening access to justice for all women and girls.

Seven’s General Manager, Performance Transformation, Sarah Chau, said: “Justice for women and girls isn’t a niche issue, it’s a big and important one. ‘Balance the Scales’ is a theme that challenges all of us, including Seven, to examine honestly what equal justice actually looks like and what it takes to get there.

“Our partnership with UN Women Australia has never been more relevant. Through our platforms and our people, we have a real opportunity to help shift the conversation.

“At Seven, we’ve been on a journey to build a workplace where women are genuinely equal – in opportunity, in voice and in outcome. We have made real progress, but progress is not the finish line. This IWD, we are proud to work with UN Women Australia in calling for the systemic change that women and girls in this country, and around the world, deserve,” she said.

7NEWS’ Karina Carvalho said: “I’m excited to be hosting the IWD event in Melbourne where we will hear from some formidable women, from diverse backgrounds, on the

successes and challenges that have shaped their lives. I am looking forward to learning a lot from their experience and hope the audience will too.”

UN Women Australia Chief Executive Officer, Simone Clarke, said: “Balance the Scales is a powerful reminder that equality doesn’t happen by chance. Every organisation, community and individual has a role to play in ensuring women and girls can access justice on equal terms. This International Women’s Day, alongside Seven, we’re amplifying a message that belongs to everyone – that true equality demands action from all of us.”

For more information, please contact:

Neil Shoebridge

M: 0417 511 012

E: neil@skmediagroup.com.au

Andrew Knowles

M: 0449 510 357

E: andrew@skmediagroup.com.au

About the Seven Network

The Seven Network is part of Southern Cross Media Group (ASX: SXL), one of Australia’s most prominent media companies, with a market-leading presence across broadcast television, audio, publishing and digital. The Seven Network alone reaches more than 17.5 million people a month.

Southern Cross Media Group owns some of Australia’s most renowned media businesses and platforms, including the Seven Network and its channels 7two, 7mate, 7flix and 7Bravo; [7plus](#); [7NEWS.com.au](#); [LISTNR](#); the Hit and Triple M radio networks; [The Nightly](#); *The West Australian*; *The Sunday Times*; and [PerthNow](#).

Seven is home to Australia’s most loved news, sport and entertainment programming, including **7NEWS**, **7NEWS Spotlight**, **Sunrise**, **The Morning Show**, **The Voice**, **Home and Away**, **Australian Idol**, **My Kitchen Rules**, **Farmer Wants A Wife**, **The Chase Australia**, **Better Homes and Gardens**, **The 1% Club**, **The Front Bar** and the **TV WEEK Logie Awards**.

The Seven Network is also the broadcast partner of the AFL, Cricket Australia, Supercars, the **2026 Rugby League World Cup** and the **Glasgow 2026 Commonwealth Games**.