

Tuesday, 31 March 2026

Stars unite for Good Friday Appeal

Seven's spectacular telecast set to raise millions for sick kids

Some of Australia's biggest names in television and entertainment come together this Friday, 3 April, for the 95th annual **Good Friday Appeal** on Seven and [7plus](#), raising vital funds for The Royal Children's Hospital in Melbourne and Victorian regional health services.

Celebrating its 69th year on Seven, **Good Friday Appeal** 2026 sees prime time host Larry Emdur alongside Johanna Griggs and **7NEWS** Melbourne's Peter Mitchell, Rebecca Maddern, Jane Bunn, Mike Amor, Karina Carvalho and Tyra Stowers, joined by a galaxy of stars from **Sunrise**, **The Morning Show**, **Home and Away**, **The Voice Australia**, **The Chase Australia**, **Better Homes and Gardens**, **7NEWS**, **7SPORT** and **101.9 The Fox**, plus some of the country's most-loved musicians, athletes and comedians for the iconic telecast.

The day kicks off with an extended edition of **Sunrise**, with weather man Sam Mac live from The Royal Children's Hospital, ahead of the **Good Friday Appeal** from 10.00am on Seven in Melbourne and streaming live nationally on 7plus.

For the first time in six years, Seven's **Good Friday Appeal** broadcast will return to the Melbourne Convention and Exhibition Centre, hosting both the daytime and primetime telecasts as the network shines a spotlight on one of Australia's most iconic charity events. Families attending Kids Day Out can watch the live broadcast in the foyer before visiting the Seven Fan Zone to meet their favourite Seven stars and have a photo.

The annual **Good Friday AFL SuperClash** returns from 3.00pm on Seven and 7plus as North Melbourne takes on Carlton at Marvel Stadium, with football's #1 commentary team calling all the action live and free. This year also marks the launch of the inaugural SuperClash Virtual Guard of Honour, giving fans the opportunity to submit tributes to someone who has supported them or has been cared for by The Royal Children's Hospital. At half-time, a new mascot race will debut, with club and sponsor mascots competing on the field, and a generous donation to the **Good Friday Appeal** awarded by the winning mascot.

Following **7NEWS** at 6.00pm, the **Good Friday Appeal** returns at 7.00pm with host of **The Chase Australia** and co-host of **The Morning Show** Larry Emdur and **Better Homes and Gardens'** Johanna Griggs hosting a jam-packed evening show, featuring celebrity panels, a huge line-up of entertainment, and all the action from the phone room as donations build.

Special guests throughout Seven's telecast of the **Good Friday Appeal** include **Sunrise** stars Natalie Barr, Matt Shirvington and Katie Brown; **The Morning Show's** Kylie Gillies and Karen Ledbury; **7SPORT** favourites Hamish McLachlan, Abbey Holmes, Dale "Daisy" Thomas, Matthew Richardson and Jason Richardson; **My Reno Rules** host Dr Chris Brown; **Home and Away's** Emily Weir and Kyle Shilling; Matt Parkinson aka Goliath, Brydon Coverdale aka The Shark and David Poltorak aka The Professor from **The Chase Australia**; **The House of Wellness** co-host Shane Crawford; **Better Homes and Gardens'** host

Johanna Griggs with DIY expert Adam Dovile and gardening guru Melissa King; and 101.9 The Fox's Fifi Box, Brendan "Fev" Fevola and Nick Cody.

SCA's The Fox and 105.1 Triple M Melbourne will support the **Good Friday Appeal** throughout the day with dedicated programming, helping to amplify the incredible work of The Royal Children's Hospital. The Fox will celebrate hospital staff on-air, inviting them to pick their favourite songs for the *R&B Friday's Feel-Good Playlist*. *Fifi*, *Fev* & *Nick* will also visit the hospital, joining the phone room while Brendan "Fev" Fevola will feature in Seven's evening telecast. Triple M Melbourne will keep listeners up to date with current, local tally updates, with "Dangerous Dave" Williams broadcasting live and crossing to the telecast throughout the day.

The night show will feature performances by global superstar and coach on **The Voice Australia**, Ronan Keating; much-loved Australian entertainer, Rob Mills; Cirque du Soleil, performing an act from their highly anticipated show *Kooza*; Australian illusionist and escapist Cosentino; and comedy trio Sooshi Mango. Plus, beatboxer and musician Tom Thum, WILSN and Michael Paynter performing songs from the upcoming musical, *Whispering Jack: The John Farnham*, will round out the sensational lineup.

Larry Emdur said: "The **Good Friday Appeal** is incredibly close to my heart and it's a privilege to be involved again this year. The impact it continues to have grows year after year, changing the lives of children and families right across the country.

"We know times are tough for many, but every donation – no matter how small – truly makes a difference. We've got an outstanding line-up of talent and entertainment planned, and we're looking forward to bringing people together for a special night on Seven to support the Appeal."

7NEWS Melbourne anchor Peter Mitchell said he is looking forward to marking his 39th consecutive year with the iconic event.

"Good Friday and The Royal Children's Hospital Appeal is such a special day for all of us at Seven. It's all about helping sick children and supporting Victorian families and it's a privilege to bring their remarkable stories to our viewers.

"It also gives us a chance to pay tribute to our health professionals across the state and to honour the extraordinary work of so many volunteers. For me, over the decades, it has always been a wonderful day full of so much positivity," he said.

Seven's Victorian Managing Director and Sales Director, Peter Charles, said: "The **Good Friday Appeal** holds a special place in the hearts of Victorians. The Royal Children's Hospital's world-class research, technology and care continue to deliver life-changing outcomes, and it's an honour to celebrate Seven's 69 years of broadcasting this extraordinary event."

Good Friday Appeal Executive Director, Rebecca Cowan, said: "With its iconic telethon, Seven has been an incredible supporter of the **Good Friday Appeal** for 69 years. We are grateful to Larry Emdur, Peter Mitchell, Rebecca Maddern and all the other on-air guests,

reporters, performers and behind-the-scenes teams who dedicate their time to share the remarkable stories and impact of The Royal Children's Hospital.

“We look forward to seeing the Telethon celebrate the generosity of the community, who are committed to making a difference for sick children and their families.”

Last year, the **Good Friday Appeal** raised a record \$23,822,792 for The Royal Children's Hospital, with the money funding ground-breaking research, state-of-the-art equipment and technology, education and family-centred care programs.

Good Friday Appeal 2026 From 10.00am Friday on Seven Melbourne and streaming live nationally on 7plus

Good Friday Appeal broadcast times:

5.30am	Sunrise
10.00am	The Royal Children's Hospital Good Friday Appeal 2026
3.00pm	7AFL Good Friday SuperClash: North Melbourne v Carlton
6.00pm	7NEWS at 6.00pm
7.00pm	The Royal Children's Hospital Good Friday Appeal 2026

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#GoodFridayAppeal

For more information, please contact:

Brittany Stack

Head of Communications – News & Public Affairs, Partnerships and Community

M: 0410 724 424

E: BStack@seven.com.au

Robyn Smith

Communications and Marketing Manager, VIC

M: 0400 694 219

E: RTSmith@seven.com.au