

Sunday, 5 April 2026

Seven's winning week, #1 nationally, 7NEWS #1, AFL #1 sport

- **Seven #1 nationally in total TV**
- **Seven #1 in all people and grocery shoppers**
- **National total TV audience share, 6.00am to midnight: 42.2%**
- **National total TV audience share, 6.00pm to midnight: 40.2%**
- **#1 in broadcast TV nationally**
- **#1 news, #1 sport, #1 drama, #1 at breakfast**
- **#1 program: 7NEWS Wednesday, reached 2.48 million**
- **#1 entertainment show: Australian Idol Sunday, reached 1.93 million**
- **#1 sport program of the week: AFL Thursday Night Football, reached 1.85 million**

WEEK 14, 2026 HIGHLIGHTS:

Seven Network reaches 12.29 million Australians nationally.

6.00am to midnight:

Seven Network: #1 nationally in total TV in all people.

Seven Network: #1 nationally in total TV in grocery shoppers.

Seven Network: #1 nationally in broadcast TV share.

[7plus](#): 40.4% commercial BVOD share, up from 39.3% in the same week in 2025.

#1 news: **7NEWS**.

#1 drama: **Home and Away**.

- **Home and Away** Wednesday: Biggest audience of 2026. Second biggest episode in the past five years.

#1 sport program of the week: **AFL Thursday Night Football**.

The Front Bar: Biggest audience of 2026.

Sunrise and Weekend Sunrise dominate breakfast TV, #1 every single day of the week.

NATIONAL TOTAL TV COMMERCIAL SHARES (%):

6.00am to midnight

Network	All people	25 to 54s	Grocery shoppers
Seven Network	42.2	37.3	42.3
Nine Network	41.9	45.5	42.0
Network Ten	15.9	17.2	15.7

NATIONAL TOTAL TV COMMERCIAL SHARES (%):

6.00pm to midnight

Network	All people	25 to 54s	Grocery shoppers
Seven Network	40.2	33.8	40.3
Nine Network	42.8	47.4	42.8
Network Ten	16.9	18.8	16.9

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SEVEN'S TOP 35:

1. **7NEWS Wednesday:** #1 program in all people and grocery shoppers. National reach 2.48 million, national audience 1.47 million.
2. **7NEWS Monday:** #1 news program. National reach 2.43 million, national audience 1.53 million.
3. **7NEWS Sunday:** #1 news program in total TV. National reach 2.21 million, national audience 1.39 million.
4. **7NEWS Tuesday:** #1 news program. National reach 2.18 million, national audience 1.42 million.
5. **7NEWS Thursday:** #1 program in all people and grocery shoppers. National reach 1.98 million, national audience 1.24 million.
6. **7NEWS Extended Wednesday:** National reach 1.98 million, national audience 1.22 million.
7. **7NEWS Friday:** #1 program in grocery shoppers, #1 program in total TV. National reach 1.93 million, national audience 1.2 million.
8. **Australian Idol Sunday:** National reach 1.93 million, national audience 932,000. Up 69% year-on-year on 7plus, up 3% in total TV.
9. **Seven's AFL: Thursday Night Football:** #1 sport, #1 program in 25 to 54s and 16 to 39s. National reach 1.85 million, national audience 629,000.
10. **The 1% Club UK (R):** #1 entertainment program. National reach 1.72 million,

- national audience 833,000. Up 3% week-on-week in total TV, up 12% on 7plus.
- 11. 7NEWS Saturday:** #1 program in all people, 25 to 54s, 16 to 39s and grocery shoppers. National reach 1.62 million, national audience 983,000.
 - 12. Australian Idol Monday:** National reach 1.57 million, national audience 910,000. Up 82% year-on-year on 7plus.
 - 13. Home and Away Wednesday:** National reach 1.56 million, national audience 1.08 million. Biggest audience of 2026. Second biggest episode in the past five years. Up 18% year-on-year in total TV, up 102% on 7plus. Up 10% week-on-week in total TV, up 8% on 7plus.
 - 14. Home and Away Monday:** National reach 1.49 million, national audience 1.02 million. Up 13% year-on-year in total TV, up 104% on 7plus. Up 3% week-on-week in total TV, up 4% on 7plus.
 - 15. The Chase Australia Monday:** National reach 1.4 million, national audience 645,000.
 - 16. The Front Bar:** National reach 1.42 million, national audience 614,000. Biggest audience of 2026. Up 5% year-on-year in total TV, up 88% on 7plus.
 - 17. Home and Away Tuesday:** National reach 1.38 million, national audience 985,000. Up 14% year-on-year in total TV, up 92% on 7plus.
 - 18. The Chase Australia Tuesday:** National reach 1.38 million, national audience 669,000.
 - 19. The Chase Australia Tuesday:** National reach 1.36 million, national audience 682,000.
 - 20. Britain's Got Talent:** National reach 1.36 million, national audience 466,000. Up 145% year-on-year in total TV, up 455% on 7plus. Up 6% week-on-week in total TV, up 13% on 7plus.
 - 21. The Chase Australia Thursday:** National reach 1.19 million, national audience 578,000.
 - 22. Weekend Sunrise Sunday:** #1 breakfast program. National reach 1.04 million, national audience 450,000. 58% more viewers than *Today*.
 - 23. Home and Away Thursday:** National reach 1.02 million, national audience 741,000.
 - 24. Sunrise Thursday:** #1 breakfast program. National reach 1.02 million, national audience 439,000. 45% more viewers than *Today*.
 - 25. Sunrise Wednesday:** #1 breakfast program. National reach 1.02 million, national audience 428,000. 19% more viewers than *Today*.
 - 26. Better Homes and Gardens Saturday:** #1 lifestyle program. National reach 1.01 million, national audience 473,000.
 - 27. Sunrise Monday:** #1 breakfast program. National reach 1.0 million, national audience 423,000. 34% more viewers than *Today*.
 - 28. Seven's AFL: Friday Afternoon Football:** National reach 1 million, national audience 353,000.
 - 29. Seven's AFL: Sunday Afternoon Football:** National reach 987,000, national audience 300,000.

- 30. Sunrise** Tuesday: #1 breakfast program. National reach 975,000, national audience 434,000. 39% more viewers than *Today*.
- 31. Snow White and The Huntsman**: National reach 965,000, national audience 218,000.
- 32. Seven's Horse Racing**: National reach 963,000, national audience 184,000.
- 33. Sunrise** Friday: #1 breakfast program. National reach 961,000, national audience 396,000. 37% more viewers than *Today*.
- 34. Highway Patrol**: National reach 909,000, national audience 555,000.
- 35. Better Homes and Gardens** Friday: National reach 844,000, national audience 418,000.

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About the Seven Network

The Seven Network is part of Southern Cross Media Group (ASX: SXL), one of Australia's most prominent media companies, with a market-leading presence across broadcast television, audio, publishing and digital. The Seven Network alone reaches more than 17.5 million people a month.

Southern Cross Media Group owns some of Australia's most renowned media businesses and platforms, including the Seven Network and its channels 7two, 7mate, 7flix and 7Bravo; [7plus](#); [7NEWS.com.au](#); [LISTNR](#); the Hit and Triple M radio networks; [The Nightly](#); [The West Australian](#); [The Sunday Times](#); and [PerthNow](#).

Seven is home to Australia's most loved news, sport and entertainment programming, including **7NEWS**, **7NEWS Spotlight**, **Sunrise**, **The Morning Show**, **The Voice**, **Home and Away**, **Australian Idol**, **My Kitchen Rules**, **Farmer Wants A Wife**, **The Chase Australia**, **Better Homes and Gardens**, **The 1% Club**, **The Front Bar** and the **TV WEEK Logie Awards**.

The Seven Network is also the broadcast partner of the AFL, Cricket Australia, Supercars, the **2026 Rugby League World Cup** and the **Glasgow 2026 Commonwealth Games**.

Source: OzTAM VOZ national total TV, overnight program reach (broadcast TV 1 min/BVOD 15 sec), national average audience. Share based on "when watched" 1800-2400. #1 programs based on reach on day of broadcast, unless otherwise noted.