

Sunday, 19 April 2026

Seven takes the week, #1 in news, sport, drama

- Seven #1 nationally in total TV
- National total TV audience share, 6.00am to midnight: 43.0%
- National total TV audience share, 6.00pm to midnight: 42.1%
- #1 in broadcast TV nationally
- #1 news, #1 sport, #1 drama, #1 lifestyle show, #1 at breakfast
- #1 program: 7NEWS Monday, reached 2.45 million
- #1 sport program of the week: AFL Friday Night Football, reached 2.09 million
- #1 entertainment show: Australian Idol Grand Finale Part Two, reached 1.9 million

WEEK 16, 2026 HIGHLIGHTS:

Seven Network reaches 12.1 million Australians nationally.

6.00am to midnight:

Seven Network: #1 nationally in total TV in all people.

Seven Network: #1 nationally in total TV in grocery shoppers.

6.00pm to midnight:

Seven Network: #1 nationally in total TV in all people.

[7plus](#): 41.9% commercial share on BVOD, 43.4% in streaming.

#1 news: **7NEWS**.

Australian Idol Grand Finale Part Two: National reach 1.9 million, national audience 1.09 million.

- Biggest ever overnight audience for **Australian Idol** on Seven.
- Biggest ever audience for **Australian Idol** on 7plus (215,000).
- Biggest overnight audience for **Australian Idol** since 2009.
- Up 1% year-on-year in total TV, up 125% year-on-year on 7plus.
- **Australian Idol** 2026: biggest ever season on Seven.

#1 drama: **Home and Away**. Second biggest week in 2026 (after last week).

#1 sport: **AFL Friday Night Football**.

#1 lifestyle program: **Better Homes and Gardens**.

Sunrise and **Weekend Sunrise** dominate breakfast TV, #1 every single day of the week.

NATIONAL TOTAL TV COMMERCIAL SHARES (%):

6.00am to midnight

Network	All people	25 to 54s	Grocery shoppers
Seven Network	43.0	38.8	42.9
Nine Network	41.3	43.9	41.5
Network Ten	15.8	17.3	15.6

NATIONAL TOTAL TV COMMERCIAL SHARES (%):

6.00pm to midnight

Network	All people	25 to 54s	Grocery shoppers
Seven Network	42.1	36.3	41.8
Nine Network	41.7	45.1	41.9
Network Ten	16.2	18.6	16.4

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SEVEN'S TOP 30:

1. **7NEWS Monday:** #1 news program. National reach 2.45 million, national audience 1.58 million.
2. **7NEWS Sunday:** National reach 2.31 million, national audience 1.45 million.
3. **7NEWS Tuesday:** #1 program in all people and grocery shoppers, #1 news program. National reach 2.25 million, national audience 1.48 million.
4. **7NEWS Thursday:** #1 program in all people and grocery shoppers, #1 news program. National reach 2.25 million, national audience 1.38 million.
5. **7NEWS Wednesday:** #1 program in all people and grocery shoppers, #1 news program. National reach 2.19 million, national audience 1.39 million.
6. **Seven's AFL: Friday Night Football:** #1 program in all people, 25 to 54s, 16 to 39s and grocery shoppers. #1 sport program. National reach 2.09 million, national audience 583,000.
7. **Seven's AFL: Thursday Night Football:** #1 sport program, #1 program in 25 to 54s and 16 to 39s. National reach 1.92 million, national audience 715,000. Up 11% year-on-year in total TV, up 148% on 7plus. Up 3% week-on-week in total TV, up

- 9% on 7plus.
8. **7NEWS** Friday: #1 news program. National reach 1.91 million, national audience 1.22 million.
 9. **Australian Idol** Grand Finale Part Two: #1 entertainment program. National reach 1.9 million, national audience 1.09 million. Biggest ever overnight audience on Seven. Biggest ever audience on 7plus (215,000). Biggest overnight audience since 2009. Up 1% year-on-year in total TV, up 125% year-on-year on 7plus.
 10. **Australian Idol** Grand Finale Part One: National reach 1.72 million, national audience 951,000. Biggest audience so far this year. Up 8% week-on-week in total TV, up 20% on 7plus. Up 88% year-on-year on 7plus.
 11. **7NEWS** Saturday: #1 program in all people, 25 to 54s, 16 to 39s and grocery shoppers, #1 news program. National reach 1.65 million, national audience 1.04 million.
 12. **The 1% Club UK** (R) Wednesday: #1 entertainment program. National reach 1.61 million, national audience 907,000. Biggest audience of 2026. Up 7% year-on-year in total TV, up 119% on 7plus. Up 7% week-on-week in total TV.
 13. **Home and Away** Monday: #1 drama. National reach 1.59 million, national audience 1.01 million. Up 15% year-on-year in total TV, up 105% on 7plus. Up 4% week-on-week in total TV, up 26% on 7plus.
 14. **Home and Away** Tuesday: #1 program in 16 to 39s, #1 drama. National reach 1.58 million, national audience 1.05 million. Up 18% year-on-year in total TV, up 89% on 7plus. Up 3% week-on-week in total TV, up 5% on 7plus.
 15. **Seven's AFL: Sunday Night Football**: #1 sport. National reach 1.49 million, national audience 437,000. Up 3% week-on-week in total TV. Up 70% year-on-year on 7plus.
 16. **The Chase Australia** Monday: National reach 1.45 million, national audience 725,000.
 17. **Home and Away** Wednesday: #1 entertainment program in total TV, #1 drama. National reach 1.41 million, national audience 982,000. Up 10% year-on-year in total TV, up 85% on 7plus.
 18. **The Chase Australia** Tuesday: National reach 1.37 million, national audience 666,000. Up 7% year-on-year in total TV, up 111% on 7plus.
 19. **The Chase Australia** Thursday: National reach 1.33 million, national audience 626,000. Up 13% year-on-year in total TV, up 132% on 7plus.
 20. **The Chase Australia** Wednesday: National reach 1.31 million, national audience 624,000. Up 3% year-on-year in total TV, up 107% on 7plus.
 21. **Seven's AFL: Sunday Afternoon Football**: #2 sport. National reach 1.26 million, national audience 366,000. Up 134% year-on-year on 7plus.
 22. **The Chase Australia** Friday: National reach 1.22 million, national audience 600,000.
 23. **The Front Bar**: National reach 1.15 million, national audience 621,000.
 24. **Better Homes and Gardens** Saturday: #1 lifestyle program in total TV. National reach 1.08 million, national audience 449,000.

- 25. Home and Away** Thursday: #1 entertainment program in total TV, #1 drama. National reach 1.07 million, national audience 821,000. Up 22% year-on-year in total TV, up 108% on 7plus.
- 26. Sunrise** Wednesday: #1 breakfast program. National reach 1.03 million, national audience 452,000. 38% more viewers than *Today*.
- 27. Sunrise** Tuesday: #1 breakfast program. National reach 1.01 million, national audience 460,000. 51% more viewers than *Today*.
- 28. Sunrise** Thursday: #1 breakfast program. National reach 1.01 million, national audience 448,000. 40% more viewers than *Today*.
- 29. Weekend Sunrise** Sunday: #1 breakfast program. National reach 970,000, national audience 420,000. 54% more viewers than *Today*.
- 30. Sunrise** Friday: #1 breakfast program. National reach 961,000, national audience 436,000. 47% more viewers than *Today*.

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About the Seven Network

The Seven Network is part of Southern Cross Media Group (ASX: SXL), one of Australia's most prominent media companies, with a market-leading presence across broadcast television, audio, publishing and digital. The Seven Network alone reaches more than 17.5 million people a month.

Southern Cross Media Group owns some of Australia's most renowned media businesses and platforms, including the Seven Network and its channels 7two, 7mate, 7flix and 7Bravo; [7plus: 7NEWS.com.au](https://www.7plus.com.au); [LiSTNR](https://www.7news.com.au); the Hit and Triple M radio networks; [The Nightly](https://www.7news.com.au); [The West Australian](https://www.7news.com.au); [The Sunday Times](https://www.7news.com.au); and [PerthNow](https://www.7news.com.au).

Seven is home to Australia's most loved news, sport and entertainment programming, including **7NEWS**, **7NEWS Spotlight**, **Sunrise**, **The Morning Show**, **The Voice**, **Home and Away**, **Australian Idol**, **My Kitchen Rules**, **Farmer Wants A Wife**, **The Chase Australia**, **Better Homes and Gardens**, **The 1% Club**, **The Front Bar** and the **TV WEEK Logie Awards**.

The Seven Network is also the broadcast partner of the AFL, Cricket Australia, Supercars, the **2026 Rugby League World Cup** and the **Glasgow 2026 Commonwealth Games**.

Source: OzTAM VOZ national total TV, overnight program reach (broadcast TV 1 min/BVOD 15 sec), national average audience. Share based on "when watched" 1800-2400. #1 programs based on reach on day of broadcast, unless otherwise noted.