

Sunday, 3 May 2026

Seven wins the week, 7NEWS #1 program, 7plus #1 in BVOD

- **Seven #1 nationally in total TV**
- **Seven #1 in all people, 25 to 54s, 16 to 39s, grocery shoppers**
- **National total TV audience share, 6.00am to midnight: 44.1%**
- **National total TV audience share, 6.00pm to midnight: 43%**
- **#1 in broadcast TV nationally and in the capital cities**
- **7plus: #1 in BVOD**
- **#1 news, #1 drama, #1 at breakfast**
- **#1 program of the week: 7NEWS Monday, reached 2.4 million**
- **#1 sport program: AFL Thursday Night Football, reached 1.99 million**
- **#1 entertainment show: The 1% Club Australia, reached 1.69 million**

WEEK 18, 2026 HIGHLIGHTS:

Seven Network reaches 11.87 million Australians nationally.

6.00pm to midnight:

- Seven Network: #1 nationally in total TV in all people.
- Seven Network: #1 nationally in total TV in 25 to 54s.
- Seven Network: #1 nationally in total TV in 16 to 39s.
- Seven Network: #1 nationally in total TV in grocery shoppers.
- Seven Network: #1 nationally and in the capital cities in broadcast TV share.

6.00am to midnight:

- Seven Network: #1 nationally in total TV in all people.
- Seven Network: #1 nationally in total TV in 25 to 54s.
- Seven Network: #1 nationally in total TV in 16 to 39s.
- Seven Network: #1 nationally in total TV in grocery shoppers.
- Seven Network: #1 nationally and in the capital cities in broadcast TV share.

[7plus](#): #1 in BVOD. 46.4% commercial share, up from 46% in the same week in 2025.

#1 news: **7NEWS**.

#1 drama: **Home and Away**.

#1 sport: **AFL Thursday Night Football**.

Sunrise and **Weekend Sunrise** dominate breakfast TV, #1 every single day of the week.

NATIONAL TOTAL TV COMMERCIAL SHARES (%):

6.00am to midnight

Network	All people	25 to 54s	Grocery shoppers
Seven Network	44.1	41.4	44.1
Nine Network	37.4	38.2	37.4
Network Ten	18.5	20.4	18.5

NATIONAL TOTAL TV COMMERCIAL SHARES (%):

6.00pm to midnight

Network	All people	25 to 54s	Grocery shoppers
Seven Network	43.0	39.3	43.0
Nine Network	36.6	37.5	36.3
Network Ten	20.5	23.2	20.7

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SEVEN'S TOP 35:

- 7NEWS Monday:** #1 program in all people, 25 to 54s, 16 to 39s and grocery shoppers. National reach 2.4 million, national audience 1.57 million.
- 7NEWS Tuesday:** #1 program in all people, 25 to 54s, 16 to 39s and grocery shoppers. National reach 2.27 million, national audience 1.47 million.
- 7NEWS Wednesday:** #1 program in all people, 25 to 54s and grocery shoppers. National reach 2.22 million, national audience 1.45 million.
- 7NEWS Thursday:** #1 program in all people and grocery shoppers. National reach 2.22 million, national audience 1.38 million.
- 7NEWS Sunday:** #1 program in all people in total TV, #1 news program in total TV. National reach 2.15 million, national audience 1.37 million.
- Seven's AFL: Thursday Night Football:** National reach 1.99 million, national audience 768,000. Second biggest audience of 2026. Up 40% year-on-year in total TV, up 215% on 7plus. Up 18% week-on-week in total TV, up 29% on 7plus.
- 7NEWS Friday:** #1 program in all people and grocery shoppers. National reach 1.93 million, national audience 1.16 million.

8. **Seven's AFL: Friday Night Football:** National reach 1.83 million, national audience 650,000.
9. **The 1% Club Australia:** National reach 1.69 million, national audience 838,000.
10. **7NEWS Saturday:** #1 program in all people and grocery shoppers. National reach 1.56 million, national audience 1 million.
11. **The Chase Australia Monday:** National reach 1.53 million, national audience 777,000. Up 16% year-on-year in total TV, up 94% on 7plus. Up 10% week-on-week in total TV, up 3% on 7plus.
12. **The Chase Australia Tuesday:** National reach 1.47 million, national audience 734,000. Up 14% year-on-year in total TV, up 90% on 7plus.
13. **Glenn & Mick's Celebrity Intervention:** National reach 1.46 million, national audience 693,000.
14. **Seven's AFL: Sunday Afternoon Football:** #1 sport. National reach 1.46 million, national audience 481,000.
15. **The Chase Australia Wednesday:** National reach 1.44 million, national audience 736,000. Up 16% week-on-week in total TV. Up 2% year-on-year in total TV, up 70% on 7plus.
16. **Home and Away Wednesday:** #1 entertainment show in total TV, #1 drama. National reach 1.4 million, national audience 986,000. Up 71% year-on-year on 7plus.
17. **Home and Away Monday:** #1 entertainment program in total TV, #1 drama. National reach 1.38 million, national audience 1.01 million. Up 12% year-on-year in total TV, up 69% on 7plus.
18. **The Chase Australia Thursday:** National reach 1.38 million, national audience 681,000. Up 6% year-on-year in total TV, up 95% on 7plus. Up 8% week-on-week in total TV.
19. **My Reno Rules:** National reach 1.35 million, national audience 545,000.
20. **Home and Away Tuesday:** #1 entertainment program in total TV, #1 drama. National reach 1.31 million, national audience 957,000. Up 71% year-on-year on 7plus.
21. **7NEWS Spotlight:** National reach 1.29 million, national audience 554,000.
22. **The Chase Australia Friday:** National reach 1.25 million, national audience 631,000.
23. **SAS: AUS V ENG:** National reach 1.25 million, national audience 522,000.
24. **Home and Away Thursday:** #1 entertainment program in total TV, #1 drama. National reach 1.09 million, national audience 802,000. Up 61% year-on-year on 7plus.
25. **Better Homes and Gardens Saturday:** #1 lifestyle program. National reach 1.06 million, national audience 459,000.
26. **Sunrise Monday:** #1 breakfast program. National reach 1.05 million, national audience 452,000. 42% more viewers than *Today*.
27. **Sunrise Wednesday:** #1 breakfast program. National reach 1.04 million, national audience 464,000. 47% more viewers than *Today*.

- 28. Sunrise Friday:** #1 breakfast program. National reach 1.04 million, national audience 452,000. 40% more viewers than *Today*.
- 29. The Front Bar:** National reach 1.03 million, national audience 568,000. Up 17% week-on-week in total TV, up 4% on 7plus. Up 7% year-on-year in total TV, up 100% on 7plus.
- 30. Sunrise Thursday:** #1 breakfast program. National reach 1.03 million, national audience 476,000. 53% more viewers than *Today*.
- 31. Weekend Sunrise Sunday:** #1 breakfast program. National reach 961,000, national audience 422,000. 47% more viewers than *Today*.
- 32. Sunrise Tuesday:** #1 breakfast program. National reach 954,000, national audience 428,000. 37% more viewers than *Today*.
- 33. Hidden Figures (R):** National reach 901,000, national audience 251,000.
- 34. Better Homes and Gardens Friday:** National reach 878,000, national audience 449,000.
- 35. Bravery & Betrayal:** National reach 822,000, national audience 275,000.

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About the Seven Network

The Seven Network is part of Southern Cross Media Group (ASX: SXL), one of Australia's most prominent media companies, with a market-leading presence across broadcast television, audio, publishing and digital. The Seven Network alone reaches more than 17.5 million people a month.

Southern Cross Media Group owns some of Australia's most renowned media businesses and platforms, including the Seven Network and its channels 7two, 7mate, 7flix and 7Bravo; [7plus: 7NEWS.com.au](http://7plus.7NEWS.com.au); LiSTNR; the Hit and Triple M radio networks; [The Nightly](http://TheNightly); [The West Australian](http://TheWestAustralian); [The Sunday Times](http://TheSundayTimes); and PerthNow.

Seven is home to Australia's most loved news, sport and entertainment programming, including **7NEWS**, **7NEWS Spotlight**, **Sunrise**, **The Morning Show**, **The Voice**, **Home and Away**, **Australian Idol**, **My Kitchen Rules**, **Farmer Wants A Wife**, **The Chase Australia**, **Better Homes and Gardens**, **The 1% Club**, **The Front Bar** and the **TV WEEK Logie Awards**.

The Seven Network is also the broadcast partner of the AFL, Cricket Australia, Supercars, the **2026 Rugby League World Cup** and the **Glasgow 2026 Commonwealth Games**.

Source: OzTAM VOZ national total TV, overnight program reach (broadcast TV 1 min/BVOD 15 sec), national average audience. Share based on "when watched" 1800-2400. #1 programs based on reach on day of broadcast, unless otherwise noted.