



Ratings Release

Sunday, 21 June 2026

Seven wins the week, #1 in news and entertainment

- Seven #1 nationally in total TV
- Seven #1 in all people, grocery shoppers
- National total TV audience share, 6.00am to midnight: 42.5%
- National total TV audience share, 6.00pm to midnight: 40.7%
- #1 in broadcast TV nationally and in the capital cities
- 7plus: #1 in VOD
- #1 news, #1 drama, #1 lifestyle show, #1 at breakfast
- #1 program: 7NEWS Monday, reached 2.47 million
- #1 entertainment show: Farmer Wants A Wife Sunday, reached 2.02 million
- #1 sport program: AFL Friday Night Football, reached 1.72 million
- Sunrise dominates breakfast TV all week

WEEK 25, 2026 HIGHLIGHTS:

Seven Network reaches 11.86 million Australians nationally.

6.00am to midnight:

- Seven Network: #1 nationally in total TV in all people.
- Seven Network: #1 nationally in total TV in grocery shoppers.

6.00pm to midnight:

- Seven Network: #1 nationally in total TV in grocery shoppers.
- Seven Network: #1 nationally and in the capital cities in broadcast TV share.

[7plus](#): #1 in VOD with a 48.7% commercial share. 41.6% commercial share in BVOD, up from 38.7% in the same week in 2025.

#1 in news: **7NEWS**.

#1 entertainment program of the week: **Farmer Wants A Wife** Sunday.

#1 sport: **AFL Friday Night Football**.

#1 in drama: **Home and Away**.



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#1 lifestyle program: **Better Homes and Gardens**.

Sunrise and **Weekend Sunrise** dominate breakfast TV, #1 every single day of the week.

NATIONAL TOTAL TV COMMERCIAL SHARES (%):

6.00am to midnight

Network	All people	25 to 54s	Grocery shoppers
Seven Network	42.5	38.3	43.1
Nine Network	39.9	42.3	39.5
Network Ten	17.6	19.4	17.5

NATIONAL TOTAL TV COMMERCIAL SHARES (%):

6.00pm to midnight

Network	All people	25 to 54s	Grocery shoppers
Seven Network	40.7	34.9	41.2
Nine Network	41.2	44.9	40.3
Network Ten	18.2	20.2	18.5

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SEVEN'S TOP 30:

- 7NEWS Monday:** #1 program in all people, 25 to 54s and grocery shoppers. National reach 2.47 million, national audience 1.59 million.
- 7NEWS Sunday:** #1 news program. National reach 2.37 million, national audience 1.51 million.
- 7NEWS Wednesday:** #1 news program in total TV. National reach 2.3 million, national audience 1.47 million.
- 7NEWS Tuesday:** #1 program in all people and grocery shoppers. National reach 2.28 million, national audience 1.49 million.
- 7NEWS Thursday:** #1 program in all people and grocery shoppers. National reach 2.11 million, national audience 1.42 million.
- Farmer Wants A Wife Sunday:** #1 entertainment program. National reach 2.02 million, national audience 916,000. Up 10% year-on-year in total TV, up 92% on 7plus.
- 7NEWS Friday:** #1 program in all people and grocery shoppers. National reach 1.93 million, national audience 1.27 million.
- Seven's AFL: Friday Night Football:** #1 sport. National reach 1.72 million,



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national audience 613,000.

9. **Seven's AFL: Thursday Night Football:** National reach 1.69 million, national audience 774,000. Up 59% year-on-year in total TV, up 220% on 7plus. Up 16% week-on-week in total TV, up 39% on 7plus.
10. **Farmer Wants A Wife** Monday: #1 entertainment program. National reach 1.65 million, national audience 915,000. Up 8% year-on-year in total TV, up 93% on 7plus.
11. **The Chase Australia** Monday: #1 game show. National reach 1.63 million, national audience 827,000. Biggest audience since June 2023. Up 10% year-on-year in total TV, up 79% on 7plus. Up 57% week-on-week in total TV, up 51% on 7plus.
12. **Farmer Wants A Wife** Tuesday: National reach 1.59 million, national audience 869,000. Up 4% year-on-year in total TV, up 76% on 7plus.
13. **7NEWS** Saturday: #1 news program. National reach 1.57 million, national audience 984,000.
14. **The Chase Australia** Tuesday: National reach 1.51 million, national audience 744,000. Up 2% year-on-year in total TV, up 83% on 7plus.
15. **Home and Away** Monday: #1 entertainment program in total TV, #1 drama. National reach 1.5 million, national audience 1.05 million. Up 12% year-on-year in total TV, up 91% on 7plus.
16. **The Chase Australia** Wednesday: National reach 1.5 million, national audience 772,000. Up 3% year-on-year in total TV, up 82% on 7plus.
17. **Home and Away** Tuesday: #1 entertainment program in total TV, #1 drama. National reach 1.48 million, national audience 996,000. Up 7% year-on-year in total TV, up 95% on 7plus.
18. **The Chase Australia** Thursday: National reach 1.41 million, national audience 715,000. Up 9% year-on-year in total TV, up 81% on 7plus.
19. **The Chase Australia** Friday: National reach 1.35 million, national audience 691,000.
20. **Home and Away** Wednesday: #1 entertainment program in total TV, #1 drama. National reach 1.29 million, national audience 920,000. Up 5% year-on-year in total TV, up 86% on 7plus.
21. **Seven's AFL: Sunday Afternoon Football:** National reach 1.2 million, national audience 331,000.
22. **7NEWS Spotlight:** National reach 1.18 million, national audience 539,000. Up 7% year-on-year in total TV, up 175% on 7plus. Up 42% week-on-week in total TV, up 105% on 7plus.
23. **Sunrise** Tuesday: #1 breakfast program. National reach 1 million, national audience 448,000. 59% more viewers than *Today*.
24. **Sunrise** Monday: #1 breakfast program. National reach 1 million, national audience 443,000. 50% more viewers than *Today*.
25. **Home and Away** Thursday: #1 drama. National reach 976,000, national audience 733,000. Up 3% year-on-year in total TV, up 77% on 7plus.



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- 26. Sunrise** Friday: #1 breakfast program. National reach 969,000, national audience 416,000. 51% more viewers than *Today*.
- 27. Sunrise** Wednesday: #1 breakfast program. National reach 965,000, national audience 431,000. 53% more viewers than *Today*.
- 28. Sunrise** Thursday: #1 breakfast program. National reach 931,000, national audience 415,000. 44% more viewers than *Today*.
- 29. Better Homes and Gardens** Saturday: #1 lifestyle program. National reach 928,000, national audience 436,000.
- 30. SAS: AUS V ENG**: National reach 908,000, national audience 293,000.

For further information, please contact:

Neil Shoebridge
M: 0417 511 012
E: neil@skmediagroup.com.au

About the Seven Network

The Seven Network is part of Southern Cross Media Group (ASX: SXL), one of Australia's most prominent media companies, with a market-leading presence across broadcast television, audio, publishing and digital. The Seven Network alone reaches more than 17.5 million people a month.

Southern Cross Media Group owns some of Australia's most renowned media businesses and platforms, including the Seven Network and its channels 7two, 7mate, 7flix and 7Bravo; [7plus](#); [7NEWS.com.au](#); [LISTNR](#); the Hit and Triple M radio networks; [The Nightly](#); *The West Australian*; *The Sunday Times*; and [PerthNow](#).

Seven is home to Australia's most loved news, sport and entertainment programming, including **7NEWS**, **7NEWS Spotlight**, **Sunrise**, **The Morning Show**, **The Voice**, **Home and Away**, **Australian Idol**, **My Kitchen Rules**, **Farmer Wants A Wife**, **The Chase Australia**, **Better Homes and Gardens**, **The 1% Club**, **The Front Bar** and the **TV WEEK Logie Awards**.

The Seven Network is also the broadcast partner of the AFL, Cricket Australia, Supercars, the **2026 Rugby League World Cup** and the **Glasgow 2026 Commonwealth Games**.

Source: OzTAM VOZ national total TV, overnight program reach (broadcast TV 1 min/BVOD 15 sec), national average audience. Share based on "when watched" 1800-2400. #1 programs based on reach on day of broadcast, unless otherwise noted.